



# ARAS

ABBHEY REGIONAL ADDICTION SERVICE

CO. KILDARE WEST WICKLOW COMMUNITY ADDICTION SERVICE.

*Specialist Care Centre of the Year 2016*

## Support for Drug & Alcohol use

- Assessments
- Key Worker Support
- Group Work
- SMART Group
- Relapse Prevention Support
- Recovery Support
- Stabilization Support
- Drop-in Service
- Referrals Service
- Addiction Counselling
- Family Support Counselling
- Alternative Holistic Treatments

**ARAS** provides a confidential service to individuals and families affected by substance use problems. Call the number below and speak to our staff in confidence.

## CONTACT US AT

Main Street, Newbridge, Co. Kildare.

Tel: 045 488670 Fax: 045 488678 [reception@kwaras.ie](mailto:reception@kwaras.ie)



Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive



SERVING SOUTH WEST DUBLIN, KILDARE & WEST WICKLOW